



CHAPTER 3

VOLUNTEER ESSENTIALS

Girl Scouts of Citrus Council

2009

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Chapter 3: Program—What Girl Scouts Do!

The Girl Scout program—that is, what girls do in Girl Scouting—offers incredible opportunities for girls to grow in their leadership skills, develop lifelong friendships, and earn awards along each step of their leadership journeys, no matter what their grade levels, experiences with Girl Scouting, or background.

The Girl Scout program is centered around the Girl Scout Leadership Experience (GSLE), and the best way to deliver the GSLE to girls is through journeys—powerful, exciting books and awards that are the core of the Girl Scout program offering. Each journey offers opportunities to earn prestigious awards, and at the Junior grade level and above, girls then have a chance to go on and earn the highest awards in Girl Scouting: the Girl Scout Bronze, Silver, and Gold Awards. Of course, earning and collecting a variety of badges, patches, and pins is also an important Girl Scout tradition that lives on, because doing so encourages girls to learn and demonstrate important skills. A variety of badge activities allow girls to focus on particular interest areas, like financial literacy, healthy living, science and technology, and outdoors and the environment. And Girl Scout ceremonies and songs continue to link girls with not only Girl Scouts peers today but also the lineage of Girl Scouts past. This chapter shares details on each of these exciting elements of the Girl Scout Leadership Experience.

The Girl Scout Leadership Experience (GSLE)

Today's effective leaders stress collaboration, inclusion, and a commitment to improving the world around them. Girls themselves tell us that a leader is defined not only by the qualities and skills she hones but also by how she uses those skills and qualities to make a difference in the world—to achieve transformational change! For this reason, the Girl Scout Leadership Experience (GSLE)—the framework for defining *what* girls do in Girl Scouting, *how* they do it, and *who* will benefit that was borne out of years of research and development—engages girls in three key activities: discovering who they are and what they value; connecting with others; and taking action to make the world a better place.

Three Keys to Leadership

In Girl Scouting, Discover + Connect + Take Action = Leadership. The entire Girl Scout program, regardless of the exact topic, is designed to lead to leadership outcomes (or benefits) that stem from these three keys.

Discover Key

Girls understand themselves and their values and use their knowledge and skills to explore the world. The benefits intended for girls from the discover key include:

- Developing a strong sense of self
- Developing positive values
- Gaining practical life skills and practicing healthy living

- Seeking challenges in the world
- Developing critical thinking skills

Connect Key

Girls care about, inspire, and team with others locally and globally. Benefits for girls include:

- Developing healthy relationships
- Promoting cooperation and team-building
- Resolving conflicts
- Advancing diversity in a multicultural world
- Feeling connected to their local and global communities

Take Action Key

Girls act to make the world a better place. Benefits intended for girls include:

- Identifying community needs
- Working as resourceful problem-solvers
- Educating and inspiring others to act
- Advocating for themselves and others, at home and around the world
- Feeling empowered to make a difference

The most powerful component of the take action key is, not only do Girl Scouts themselves benefit as they grow in their leadership skills, but communities, the nation, and the world benefit as well. Taking action translates to making the world a better place.

Please note: After years of research, the three keys to leadership were introduced in 2008, replacing Girl Scouting's "four program goals" and the "4Bs" from STUDIO 2B. Publications and Web content that were produced before the introduction of the GSLE continue to offer valuable information and ideas for you, but anytime you see four program goals or 4Bs in older materials, think three keys, instead!

Girl Scout Processes

All activities in the GSLE build on three processes (that is, *how* girls go about doing their activities and how they interact with each other) that make Girl Scouting unique from school and other extracurricular activities.

- **Activities are Girl-Led:** Girls of every grade-level take an active role in determining what, where, when, why, and how they'll structure activities. As part of the adult-girl partnership fostered by Girl Scouts, you use this process to strengthen and support girls' empowerment and decision-making roles in activities. Your role is to provide grade-level-appropriate guidance while ensuring that girls lead as much as possible in the planning, organization, set-up, and evaluation of their activities. The older the girl, the more you serve as a resource and support.
- **Girls Learn by Doing:** Girls use hands-on learning to engage in an ongoing cycle of action and reflection, deepening their understanding of concepts and mastering practical skills. As girls take part in meaningful activities—instead of simply watching them—and then later evaluate what they have learned, learning is far

more meaningful, memorable, and long-lasting. You assist girls in this process by facilitating grade-level-appropriate experiences through which girls can learn, and leading discussions that reflect on those experiences. When girls learn by doing, they can better connect their experiences to their own lives, applying their learning experiences to their lives both in and out of Girl Scouting.

- Girls engage in Cooperative Learning: Girls share knowledge, skills, and experiences in an atmosphere of respect and cooperation, working together on a common goal that engages each individual girl's diverse talents. In cooperative learning environments, people learn faster, process information more efficiently, and are better able to retain the information learned. This idea, also known as "positive interdependence," engages girls in meaningful ways, encourages and appreciates differences in outlook and skills, and creates a sense of belonging. In your role as a volunteer, you want to structure cooperative-learning activities that will nurture healthy, diverse relationships, and also give continuous feedback to girls on those learning experiences.

These three processes promote the fun and friendship that, for nearly 100 years, have been integral to Girl Scouting. But they do even more: When girls lead, when they learn by doing, and when they engage in cooperative learning, the fifteen leadership outcomes (or benefits) discussed in the preceding section are far more likely to be understood and achieved.

A Journey Awaits

The core component of the Girl Scout Leadership Experience is the leadership journeys, which are a coordinated series of activities grouped around a theme, each with a clear starting point (an invitation to explore and take action) and an ending point (an opportunity to reflect, reward, and celebrate). Each journey includes fun, challenging, and purposeful experiences spread over a series of sessions (which you can expand over several group meetings), and each is tied to some or all of the fifteen national outcomes/benefits for girls. In other words, the GSLE is sewn right into the journeys for you!

Each girls' book immerses Girl Scouts in the topics that make up the journey, while the adult guide features enriching activities for a group of girls, coaching tips, and sample session outlines that you can customize to fit the needs of your group, whether you facilitate a troop, volunteer at a Girl Scout camp, mentor girls on a travel adventure, or engage with girls in a special-interest series or other event. Together, the girls' books and adult guides ensure that every Girl Scout in every pathway receives a consistent, high-quality experience that ties to the GSLE and engages girls in realizing specific leadership outcomes/benefits.

As you work through a grade-level-specific journey book, you'll have your own learning-by-doing experience, as you come to understand the GSLE even more deeply. As girls work toward and earn the awards that accompany each journey, you'll be sure the girls are receiving the benefits Girl Scouts promises—and you'll be able to apply your understanding of the GSLE to everything else girls go on to do in Girl Scouting.

You can share the GSLE with girls in your group through two sets of journey books. Both invite girls to explore a specific leadership theme for their level, provide meaningful experiences centered on the three keys to leadership for all girls, and each marks their achievements by earning prestigious journey awards.

It's Your World—Change It!

The first series of journey books invites girls to develop a deep understanding of themselves, understand how powerfully they can act when they team up with others who share a vision, and make a difference in their communities by inspiring, educating, and advocating. Books in the first series of journey books include the following:

- Welcome to the Daisy Flower Garden: When flowers talk, what do they say? Something wonderful? Something wise? Listen close, and then plant a seed—maybe even two or three. In this garden, as in all of Girl Scouts, good things are bound to sprout.
- Brownie Quest: Pack a bag and join the quest! You'll find trails with friends and fun and all sorts of...well, we can't say what! After all, there's a mystery to solve! And did we mention that special something Girl Scouts have always loved—a bright and shining Brownie Elf?
- Agent of Change (for Juniors): Power. Everyone's got it—individual power, team power, community power. There's a whole spiral of power waiting, just for you. Toss in some power stories (and a chatty, power-loving spider) and you've got yourself one powerful adventure. Power on!
- aMAZE! (for Cadettes): Life is a maze. Navigate its twists and turns and you'll find true friendships, meaningful relationships, and lots of confidence to boot. So go ahead, enter the maze. The goal is peace—for you, your world, and the planet, too.
- GIRLtopia (for Seniors): Imagine a perfect world for girls. Imagining is the first step to creating. Make your vision a reality. That's what leadership is all about.
- Your Voice Your World—The Power of Advocacy (for Ambassadors): How often have you seen something that really needed to be changed and wondered, "Why isn't someone doing something about that?" Guess what? You can be that someone! All it takes is your voice joining with other voices and pretty soon, you'll see just how powerful advocacy can really be. So go ahead, start the winds of change with your own little flutter—be a Girl Scout Ambassador and an advocate.

It's Your Planet—Love It!

The second series of journey books issues a call for action to the environment, inviting Girl Scouts of every grade level to explore the natural wonders of the world, become stewards of our fragile planet, and investigate the science that keeps our Earth spinning. Books in the second exciting series include:

- Between Earth and Sky (for Daisies): Sunshine, fresh air, new places to see. When flower friends travel, they enjoy all of these. So come along for the trip. Meet new friends and old. You'll taste, touch, and smell what fun travel can hold!
- WOW! Wonders of Water (for Brownies): Water does so much for you! Can you return the favor? On this Wonders of Water journey, you will love water, save water, and share water! That's a really big WOW!
- GET MOVING! (for Juniors): Energy puts the sparkle in fireworks, the giddy up in a pony, and the oomph in the everyday. So get moving! Energize, investigate, innovate. Get all the energy in your life flowing in the wisest ways.
- Breathe (for Cadettes): Take a deep breath. How do you feel? What do you see? Hear? Smell? Get set to focus all your senses on air. This is one airy journey and it's full of flair!
- Sow What? (for Seniors): So, what do you hope for from your food? Great taste? Pleasing smell? Good looks, too? As you dig into Sow What? and get down to the roots, you'll crave a whole lot more. You'll see how your food network can serve up what's best for Earth—and best for you!
- Justice (for Ambassadors): We all know what it is. Why is it so hard to achieve? Maybe it needs a brand-new equation—your equation. On this journey, doing the math + some very sage ways = real hope for inspiring justice—for all of Earth and her inhabitants.

Getting Started with Journey Books

Please keep the following tips in mind as you review the journey adult guides:

- You and the girls you work with are encouraged to customize the sample sessions. The journey adult guides provide you with ideas, examples, and encouragement, along with ideas about sequencing experiences, facilitating discussions, and assisting as girls earn awards. But neither the girls' books nor the adult guides are meant to provide hard-and-fast, unchangeable, lock-step sessions. Have fun creating new activities surrounding each topic. The journey will be much more fun and relevant as girls make it their own!
- Take your time. Sample sessions in the journeys have been created to show how it is possible to have a Girl Scout Leadership Experience in six to eight gatherings. Many girls and adults quickly find there is more they want to do, which is why the journey books are filled with tips for you to customize the experience. As their imaginations take hold, girls will have many more ideas about how to extend the journey with guidance from volunteers.
- Capture girls' imagination and motivate them to take action by sharing stories. The journey series engage girls in stories—real and fictional—of girls and women taking action in the world. Make use of these stories and expand upon them whenever you can—in any way that you and girls will enjoy. Stories, after all, capture the imagination and motivate. Ultimately, girls will create their own stories on the journey, meeting new people and taking action in the world. What other stories are going on in the region, and how can girls connect to them? What can girls find in stories—in art or life—that add to the feelings and ideas along this adventure?
- Connect to the three keys. As a volunteer in Girl Scouts, your experiences—and your view of leadership—will influence and inspire girls. Use the reflection exercises in the adult guide to think about the three keys to leadership (Discover, Connect and Take Action) and how you can best apply them as you team up with Girl Scouts on their leadership journey.

The Highest Awards in Girl Scouting: The Girl Scout Bronze, Silver, and Gold Awards

The Girl Scout Bronze, Silver, and Gold Awards are Girl Scouting's highest awards. As a Girl Scout volunteer, encourage girls to "go for it" by earning these awards at the Junior through Ambassador levels.

The steps toward achieving Girl Scouting's most prestigious leadership awards offer wonderful learning and growth opportunities to girls. Check out some of the award projects girls are doing at your council. Better yet, talk to a few past recipients of the Girl Scout Gold Award. You'll quickly be inspired when you see and hear what girls can accomplish right now as leaders—and by the confidence, values, and team-building expertise that girls gain as a result of going after Girl Scouting's top awards. And imagine the impact girls have on their communities, country, and even the world as they identify problems they care about, team with others, and act to make change happen!

To help girls receive the benefits Girl Scouting promises through our leadership outcomes, the steps toward earning the highest awards have been undergoing an update. Lots of input has been gathered from around the country, and the new guidelines for the awards are debuting in summer 2009. Talk to your Girl Scout council support team for information about transitioning between new and old guidelines, so that no girls lose out on efforts begun using existing standards. Nationally, the goal is to have all girls using the new guidelines by October 2011, so that girls can truly experience the power of girls together as they take action, using consistent guidelines.

Like everything girls do in Girl Scouting, the steps to earning the awards are rooted in the Girl Scout Leadership Experience and its three keys to leadership: girls discover themselves and their values and explore the world, connect with others locally and globally, and take action to make the world a better place.

Girl Scout Bronze, Silver, and Gold Awards at a Glance

Awards	Girl Scout BRONZE Award®	Girl Scout SILVER Award®	Girl Scout GOLD Award®
Grade	Girls must be in 4th or 5th grades and a registered Girl Scout Junior	Girls must be in 6th, 7th, or 8th grades and a registered Girl Scout Cadette	Girls must be in 9th, 10th, 11th, or 12th grades and a registered Girl Scout Senior or Ambassador
Overview	<ul style="list-style-type: none"> ✓ Complete a Junior Journey ✓ Be part of a Troop or Group where girls take the lead ✓ Take action on a community issue the troop or group cares about ✓ Help and guidance provided by Troop/Group Volunteer ✓ Suggested hours included in the girl, adult, and council material *Council approval needed for any money earning 	<ul style="list-style-type: none"> ✓ Complete a Cadette Journey ✓ Work as an individual or in a small group where girls take the lead ✓ Take action on a community issue that the girls care about ✓ Help and guidance provided by Troop/Group Volunteer ✓ Suggested hours included in the girl, adult, and council material *Council approval needed for any money earning 	<ul style="list-style-type: none"> ✓ Complete two Journeys (Senior or Ambassador) or Earn the Silver Award and complete one Senior or Ambassador Journey ✓ Individually girl led; girl selects and recruits Project Advisor ✓ Take action on a community issue the girl cares about ✓ Help and guidance provided by Project Advisor ✓ Suggested hours included in the girl, adult, and council material *Council approval needed for any money earning
Take Action Project	Group Take Action Project focuses on something the girls care about that they would like to improve within their Girl Scout or local community. Puts the Promise and Law into action	Individual or group Take Action Project that makes the local neighborhood or community better. Puts the Promise and Law into action	Individual Take Action Project that makes a lasting difference in the local community, region, or beyond. Puts the Promise and Law into action
Sustainable	After the project is complete, girls develop an understanding of sustainability by talking together about how solutions can be lasting.	Girls demonstrate an understanding of sustainability in the project plan and implementation.	Take Action Project includes provisions to ensure sustainability.
Global	After the project is complete, girls develop an understanding of the wider world by talking together about how others may experience the same problem that their project helped resolve.	Girls connect with new friends outside their immediate community, learn how others have solved similar problems, and determine if the ideas of others can help with their plan.	Girls identify national and/or global links to their selected issue. They learn from others and develop a plan to share the results of their project beyond the local community.
Project Approval	Troop/Group Volunteer	Troop/Group Volunteer	Council or Council's Gold Award Committee
Resources	<ul style="list-style-type: none"> • Junior Journey • Bronze Award guidelines on GSUSA website • Adult guide on GSUSA website • Council guide on the OCN • Council learning opportunities 	<ul style="list-style-type: none"> • Cadette Journey • Silver Award guidelines on GSUSA website • Adult guide on GSUSA website • Council guide on the OCN • Council learning opportunities 	<ul style="list-style-type: none"> • Senior and/or Ambassador Journeys • Gold Award guidelines on GSUSA website • Adult guide on GSUSA website • Council guide on the OCN • Council learning opportunities

***Adhere to guidelines in the Volunteer Packet and Safety-Wise.**

TRANSITION: THERE IS A 2-YEAR TRANSITION PERIOD. THESE GUIDELINES BECOME OFFICIAL IN OCTOBER 2011 (2011/2012 MEMBERSHIP YEAR). IF THE MAJORITY OF WORK WILL BE DONE DURING THE 2012 MEMBERSHIP YEAR, THESE NEW GUIDELINES SHOULD BE USED.

Going forward, to earn each of these awards, girls first complete a grade-level journey (two journeys for the Gold Award). Journeys provide girls with experience with all three keys to leadership and prepare them to identify community needs, work in partnership with their communities, and create take-action projects that make a lasting difference.

After completing journeys, girls apply their insights and skills to plan and carry out action projects based on their unique visions. The Bronze, Silver, and Gold Awards offer girls relevant, -grade-level-appropriate challenges related to teamwork, goal setting, and opportunities to build community networks.

The Girl Scout Bronze, Silver and Gold Awards offer girls incredible opportunities for personal development and community leadership. These awards also engage girls in building networks that will not only support them in their award projects, but also lead them to new educational and career opportunities. All this, of course, starts with you—a Girl Scout volunteer! Encourage girls to go after the highest awards. More information is available at http://www.girlscouts.org/program/gc_central/insignia/highest_awards/gold_award.asp.

Did you know that a Girl Scout who has earned her Gold Award immediately rises one rank in all four branches of the U.S. Military? A number of college-scholarship opportunities also await Gold Award designees. A girl does not, however, have to earn a Bronze or Silver Award before earning the Girl Scout Gold Award. She is eligible to earn any recognition at the age level in which she is registered.

A Tradition of Honoring Girls

From the beginning of Girl Scouts, one prestigious award has recognized the girls who make a difference in their communities and in their own lives. The first, in 1916, was the Golden Eagle of Merit. In 1919, the name changed The Golden Eaglet, and in 1920, the requirements for The Golden Eaglet were updated. The First Class Award existed for only two years, from 1938–1940, and was replaced in 1940 with The Curved Bar Award, the requirements for which were updated in 1947. In 1963, GSUSA re-introduced the First Class Award, for a girl who was an “all-around” person, with skills in many fields and a proficiency in one. Today’s highest award, the Girl Scout Gold Award, was introduced in 1980 and remains today.

Badges, Try-Its, Pins, and More!

Emblems, awards, and patches refer to items that girls wear on their vests or sashes, each of which records a girl’s adventures and accomplishments as a Girl Scout. The following list describes the differences among them:

- **Emblems** show membership in Girl Scouts, a particular council, a particular troop, or in some other Girl Scout group.
- **Awards** are earned by completing requirements or by demonstrating understanding of a concept. The Girl Scout Bronze, Silver, and Gold awards, as well as the journey awards are two prestigious ways girls can earn awards. But girls also earn Daisy Petals, Brownie Try-Its, Junior badges, and Interest Project awards and STUDIO 2B charms (as Cadettes, Seniors, and Ambassadors). Some earned awards take the shape of pins. Additional awards are earned through Girl Scouts requirements or are determined by partner organizations. Examples include religious awards and the President’s Award for Community Service. Note: Over the next several years, Girl Scouts will be updating the skill-building badge activities for girls, in order to tie them to the GSLE. Stay tuned for updates! Until then, continue to dip into the existing offering to supplement the journey experience—remember, once you’ve done a journey, you can apply the GSLE to everything else you and the girls choose to do!
- **Participation patches** are developed at the national or council level with a focus on participation. Some come with companion activity booklets, while others are given out at events. Some examples include uniquely ME! patches, EarthPACT patch, and World Thinking Day patch.

Purchase emblems, patches, pins, and earned awards at your council's Girl Scout shop <http://store.citrus-gs.org/store/> or by visiting www.girlscoutshop.com. To see the array of Girl Scout emblems, earned awards, patches, and pins, check out www.girlscouts.org/program/gc_central/insignia/list. There, you not only find a cool list of the earned awards for each grade level but also can click on a link that shows you exactly *where* girls can place all their emblems, awards, pins, and patches on vests and sashes!

Other Initiatives and Opportunities

Other exciting initiatives and opportunities exist to support the GSLE. A few examples are listed here, and you can find out how to engage your group in opportunities like these by contacting www.citrus-gs.org or by visiting http://www.girlscouts.org/program/program_opportunities. Note that councils may offer different experiences, based on availability of resources and partners in your area.

- **uniquely ME!**: A joint venture between Girl Scouts and Dove/Unilever that helps girls discover the importance of challenging themselves, develop healthy coping skills, evaluate media influences, know what to look for in a friend, and find ways to make a difference in the lives of others.
- **Elliott Wildlife Values Project (EWVP)**: Launched more than ten years ago, the EWVP provides girls with resources, collaborations, and opportunities that enable girls to explore nature, protect the environment, and develop a lifelong commitment to wildlife conservation.
- **First LEGO League (FLL)**: FLL introduces girls to Science, Technology, Engineering, and Math (STEM) using LEGO MINDSTORMS, programmable robotics that both test girls' technical skills and expose them to leadership skills.
- **NASA collaboration:**
- **Council Sponsored Events:** The Council Program Team comprised of staff and volunteers have planned a variety of events for council wide attendance. In making these events a success for our girls we are always looking for volunteers – girls and adults – to assist with planning, preparation, supervision, guidance, and more. Girls are encouraged to help at events; girl volunteers must be three years older than girl participants. Program Aide Course training is recommended for girl volunteers, but not required. If you, your girls, or your troop would like to volunteer please contact the Program Team Staff at the Council Service Center today! Check out all the great programs on our www.citrus-gs.org. Click Girl Program
- **Community Opportunities:** Members of our community are supporting Girl Scouting by making these opportunities available to Girl Scouts. These events may be found at on our website www.citrus-gs.org. Click Girl Program. All of these opportunities are planned and implemented by the community organization not the Girl Scout of Citrus Council. Please contact them directly with registrations and questions. While we'd love to hear your opinion of these opportunities if you participate in them, the Girl Scout Council Staff has no authority over the programming that occurs at these opportunities. Leaders are responsible for adhering to all *Safety-Wise* standards, such as girl and adult ratios when participating in the following opportunities.

Council Patch Programs

We have provided a brief overview of the Patch Programs available. Please go to the Girl Scouts of Citrus Council website, www.citrus-gs.org for information or contact the Program Department.

- **African American Culture Patch:** In keeping with the council's goal of pluralism, this patch program was designed to provide the opportunity for girls to gain an insight into the African American Culture and it's contribution to society. Learn about several important African Nations, history of the culture, popular traditions, and activities. Learn the impact that African Americans such as Martin Luther King, Rosa Parks,

Zora Neale Hurston, and Oprah Winfrey have made in our country.

- **Asian Culture Patch:** This exciting patch program was designed to help girls take a trip to the Orient, without ever leaving home. These fun-filled and informative activities will help girls gain knowledge, awareness, and understanding of Asian-Americans and their cultures and traditions. Explore the uniqueness of Japan, India, China, and Thailand.
- **Hispanic Culture Patch:** This patch program will give you great appreciation for the beautiful Hispanic culture. Learn how to make a piñata, cook authentic Hispanic food, explore the music and dance, and enjoy traditional Hispanic games.
- **Native American Culture Patch:** Explore the traditions, food, beautiful arts and crafts and the history of the first Americans — the Native Americans. Learn about famous Native American Indians and how they've made important contributions to the world we live in today.
- **Amanda the Armadillo:** Amanda is a very special armadillo at Mah-Kah-Wee Program Center. She lives near the Ecological Studies Center and her favorite people are Girl Scout Brownies, Juniors, Cadettes, Seniors and Ambassadors. She invites you to do her activities at Mah-Kah-Wee to learn about her habitat and about the environment you both live in.
- **Eleanor the Egret:** Eleanor the Egret is an environmental awareness project that has been developed especially for the Melbourne Scout House. It centers around the study of birds and includes other environmental activities. Visit Melbourne Scout House and enjoy this exciting patch program.
- **Minerva the Manatee:** Minerva the Manatee invites you to do her "Minerva Says" activities at Riverpoint Program Center to learn about her habitat and the environment she lives in. Enjoy the beauty of the Banana River at beautiful Riverpoint and learn about the lagoon, the weather, and endangered and threatened species.
- **Beatrice the Butterfly:** Beatrice the Butterfly is excited to help you explore the city and its habitats. Girls will learn basic mapping skills, how to recognize some native plants and animals, and how to identify what harms the environment, as well as how to promote conservation.

Program Take-Out

If the question, "What are we doing at our next meeting?" has grown as frustrating as the daily dilemma, "What's for dinner?" then make your life easier and just order some Program Take-Out! "Program Take-Out" offers you a variety of programs-in-a-bag with just about everything you need for a troop meeting! The "Menu" features nearly 40 different choices, including kits for every age level and even options in both English and Spanish languages. There's something for everyone, with topics ranging from Zink the Zebra and programs on Living Drug Free, to Studio 2B books and nature programs. Not sure where to begin? No problem! Each kit comes with helpful hints to get you started and a list of supplies you'll need to deliver a great program!

Program Take-Out is available for a small rental fee, with a refundable deposit, and the rental lasts for two weeks. Kits can be checked out from the Council Service Center. To order, check out the Program Take-Out Menu. Next, have your girls pick the program of their choice. Then, just send in your Program Take Out order form to reserve your kit for pick-up! Questions? Contact the GSCC Program Team at program@citrus-gs.org or call 407-896-4475.

ZINK Program

Zink the Zebra, a sweet story written by Kelly, a wonderful girl who lost the battle to cancer at the age of eleven, helps promote the understanding and acceptance of human differences. Because the topic of cancer is discussed throughout this program it requires parent permission through a simple sensitive issues form.

- **#1 Camp Activity Guide**

This Program on the Go is perfect for Camporee Directors or for your next troop camping event. This guide is an excellent resource and contains numerous fun activities to promote acceptance and respect.

Fee: \$5.00 Deposit: \$25.00

- **#2 Camp Activity Guide**

See description above.

- **#3 Zink for Girl Scout Daisies** - 1 set available

This wonderful kit includes the Zink, the zebra illustrated book, a program folder with activity outlines, a DVD with the animated version of the story and a cute plush toy for your Daisies to pet and meet Zink.

Fee: \$5.00 Deposit: \$25.00

- **#4 Zink for Girl Scout Brownies** - 1 set available

Read along with your Brownies this moving story and earn the Zink the Zebra patch* as you complete the required activities included in the program folder. This pack includes a Tool Kit with craft ideas that allow the girls to explore the virtues of compassion and acceptance.

Fee: \$5.00 Deposit: \$25.00

- **#5 Zink for Girl Scout Girl Scout Juniors** - 1 set available

Read along with your Juniors this moving story and earn the Zink the Zebra patch* as you complete the required activities included in the program folder. This pack includes a Tool Kit with crafts and service projects ideas that allow the girls to explore the virtues of compassion and acceptance.

Fee: \$5.00 Deposit: \$25.00

- **#6 Zink Novel Book Clubs** - 1 set available

Try something new with your Juniors and Cadettes! Have each girl take a paperback copy of the novel to read at home, then round up your group, offer juice and cookies and discuss this story together. A discussion guide and 18 books are included in this pack!

Fee: \$5.00 Deposit: \$25.00

- **#7 Zink for Cadettes and Seniors** - 1 set available

This wholesome pack includes 17 OK2BU* booklets, a patch program folder with activities and guides, a DVD & VHS of the play "Zink: the Myth, the Legend, the Zebra". You will have the opportunity to play the Myth vs. Fact game, discuss what cancer is, share personal experiences and celebrate survivor stories and create your own Zink story book together. Your troop may even choose to do a service project together.

Fee: \$5.00 Deposit: \$35.00

Patch may be purchased separately at the Council Shop

- **#8 Set of Zink Beanie Babies** - 25 pieces available

Check out these cute plush toys and use them for illustration purposes during your Zink event.

Fee: \$5.00 Deposit: \$25.00

Living Drug Free Programs

This program will help you guide enriching discussions and activities about the importance of living a drug and alcohol free life, the consequences and hopefully inspire your girls to share this message with others. - 1 set available for each age level.

- **#9 Be Drug Free for Girl Scout Daisies and Brownies**

This pack will help you encourage girls to find their "zone" by living a healthy and drug free life. This pack includes 20 *In the Zone: Living Drug Free* booklets with the tools they need to help young people stay drug free.

Fee: \$5.00 Deposit: \$15.00

- **#10 Be Drug Free for Girl Scout Juniors**

This pack will help you encourage girls to find their "zone" by living a healthy and drug free life. This pack includes 20 *In the Zone: Living Drug Free* booklets with the tools they need to help young people stay drug free.

Fee: \$5.00 Deposit: \$15.00

- **#11 Be Drug Free for Girl Scouts ages 11-14**

This pack will help you encourage girls to find their "zone" by living a healthy and drug free life. This pack includes 20 *In the Zone: Living Drug Free* booklets with the tools they need to help young people stay drug free.

Fee: \$5.00 Deposit: \$15.00

* Patch may be purchased separately at the Council Shop

- **#12 Be Drug Free for Girl Scouts ages 14-17**

This pack will help you encourage girls to find their "zone" by living a healthy and drug free life. This pack includes 20 *In the Zone: Living Drug Free* booklets with the tools they need to help young people stay drug free.

Fee: \$5.00 Deposit: \$15.00

* Patch may be purchased separately at the Council Shop

- **#13 Drug Affected Baby - 1 available**

- **#14 Alcohol Affected Baby - 1 available**

Use these two simulators to enhance the learning experience for your Girl Scouts ages 11-17. Each baby includes a facilitator guide. These babies show the devastating effects of substance use by a pregnant woman and some of alcohol's many devastating effects on a developing fetus.

Fee: \$10 Deposit: \$25.00—Replacement Cost: \$200

STUDIO2B Programs

Want to give Studio2B a try! Thousands of teen girls around the country created STUDIO 2B by making suggestions about their ideal place to hang out with friends. These packs include 20 Studio2B Focus Books, tips on

how to facilitate a Studio2B session at your next meeting and an optional supply list. We have 1 set for each focus book available.

Booklets are to be returned without marks of ink or pencil, so be sure to provide girls with paper and other supplies. All the Studio 2 B programs require a \$25 refundable deposit.

- **#15 The Self Esteem Pack: Uniquely Me! The Real Deal**

The Real Deal contains activities that teach girls to use their PMA to help deal with peer pressure and stress and feel good about them.

Fee: \$5.00

- **#16 The Self Esteem Pack: Uniquely Me! The Way 2 B!**

This English/Spanish book was written for all girls ages 8 to 10. It helps girls discover the importance of challenging themselves.

Fee: \$5.00

- **#17 Deal with Stress: Don't Sweat it!**

With advice from health experts and 'lots of fun, interesting information and quizzes, this book was written to help girls like you breeze through the hallways of life without breakin' a sweat.

Fee: \$5.00

- **#18 Deal with Finances: Cashin' In**

Cashin' In will help girls afford what really matters in high school—things girls said was most important to them.

Fee: \$5.00

- **#19 Express Yourself!**

This booklet will not only help your hopes, dreams and plans, but also a guide to learning more about and understanding that most important person—you!

Fee: \$5.00

- **#20 Uniquely Me! Inside Out**

Inside and Out has activities to help girls appreciate their strong points and find a style that suits them.

Fee: \$5.00

- **#21 Defend Yourself: Take Charge!**

The world is a crazy place sometimes and girls need to learn skills to protect themselves. This is what Take Charge is all about — learning how to keep themselves and their friends safe.

Fee: \$5.00

- **#22 Connect with Others: Looking In, Reaching Out**

Whether they do activities with an adult or on their own, girls can use Looking In, Reaching Out to help them record this special time in their lives.

Fee: \$5.00

- **#23 College 101**

College 101 is an indispensable tool chock full of information from admissions experts, high school students and college freshmen.

Fee: \$5.00

- **#24 Got Money! 2 books**

Money Rules. And if you've Got Money you'll be able to make your own rules. Learn how to make your money last, throughout your life!

Fee: \$5.00

Hispanic Outreach /Programas Bilingües (English/Spanish) Aventuras en Lectura / Follow the Reader

Este folleto basado en el acta "No child left behind" ayuda a las niñas en la comprensión de lectura y vocabulario. Es un proyecto para toda la familia.

As part of the "no Child left behind" act, this book helps girls with literacy comprehension, fluency and vocabulary.

**Bilingual

- **#25 Daisies: Aventuras en Lectura / Follow the Reader**

Fee: \$5.00 Deposit: \$25.00

- **#26 Brownies:Aventuras en Lectura / Follow the Reader**

Fee: \$5.00 Deposit: \$25.00

- **#27 Juniors:Aventuras en Lectura / Follow the Reader**

Fee: \$5.00 Deposit: \$25.00

- **#28 Del Suelo al Cielo**

Este VHS y guía de actividades le ayudaran a explorar la naturaleza sin importar si vive en la ciudad o el campo. Perfecto para su próximo campamento o reunión.

Fee: \$3.00 Deposit: \$10.00

- **#29 From Sidewalks to Tree Tops**

This VHS and study guide will help you and your girls explore nature in your neighborhood. This pack is perfect for your next camp or meeting.

Fee: \$3.00 Deposit: \$10.00

- **#30 Fun & Easy Science Investigations**

Investigaciones Divertidas - This pack includes 20 books and a guide to help you incorporate the love for science into your meetings. Este paquete en incluye dos copias de este manual en Español .

Fee: \$3.00 Deposit: \$10.00

- **#31 Nature & Science/ Naturaleza y Ciencia**

Bilingual. A series of activities that make use of adventure, creativity, self-expression, and fantasy to help girls explore various scientific concepts.

Fee: \$5.00 Deposit: \$10.00

No Smoking Campaign/ Campaña de No al Tabaco

Este paquete incluye folletos informativos y algunas actividades apropiadas para todas las edades.

All these programs have a \$3.00 fee and require a \$12 deposit.

This informational pack includes some activities appropriate for the different age levels.

- **#32 Daisies: Girl Scouts Against Smoking**
1 pack for 20 - Spanish with a few copies in English.
- **#33 Brownies: Girl Scouts Against Smoking**
1 pack for 20 - Spanish with a few copies in English.
- **#34 Juniors: Girl Scouts Against Smoking**
1 pack for 20
- **#35 Español Juniors: Girl Scouts Against Smoking**
1 pack for 20
- **#36 Cadettes & Senior: Girl Scouts Against Smoking**
1 pack for 20
- **#37 Daisy Activity Book Pack**
Just right for non-readers and beginning readers; colorfully illustrated to maintain interest of 5 and 6 year olds.
Deposit: \$25.00 Fee: \$8.00
All these programs have a \$3.00 fee and require a \$12 deposit.
This informational pack includes some activities appropriate for the different age levels.

Make the World a Better Place

Project Ideas

The Girl Scout slogan “Do a good turn daily” in its simplest translation means that each girl will do something to help someone every day; however, the slogan holds much more significance for the girl who becomes a Girl Scout. Encompassed in that slogan is the value of service; the belief that there is merit in giving of yourself to others. It is not until girls have the opportunity to experience the excitement that comes when they give of themselves that the real meaning of service is learned.

Please remember the age level of your girls when helping them plan service projects. Some projects, such as working at a soup kitchen or homeless shelter should be reserved for mature older Girl Scout Cadette, Senior and Ambassador Girl Scouts.

Helping at Council Events

All council events need volunteers, both girls and adults, to help plan and run.

- Girls of all age levels are welcome to assist in the planning process, ensuring that activities meet the needs and interests of today’s girls.
- Older Girls are needed to assist with or lead activities for girls at least 2-3 years younger than themselves.
- Program Aide Core Course is recommended, but not required for girls assisting with these events.
- Adult volunteers are needed to act as Program Opportunity Liaisons from each service unit.

You may contact any member of the Program Team to express interest or learn more.

Project Thank You

Troops can help the Girl Scouts of Citrus Council by making Thank You cards to give to donors. If you're looking for a fun, easy service project to do with your troop, here it is.

Mah-Kah-Wee or Riverpoint Program Center

Service projects at our camps can be tailored to the program age level of our girls, number of adults assisting and the amount of time they want to spend implementing the service project.

Contact the Outdoor Education Manager for specific Service Project needs prior to your visit.

Juliette Low World Friendship Fund

The Juliette Low World Friendship Fund was established in 1927, the year Juliette Gordon Low died, to honor her dream of spreading Girl Scouting around the world. Delegates at the 13th National Council Meeting created the Fund with the following words:

“In memory of Juliette Low, founder in America of the Girl Scouts, let a fund be raised for the promotion of Girl Scouting and Girl Guiding throughout the world, as a contribution toward world peace and goodwill.”

The Juliette Low World Friendship Fund supports a wide diversity of activities and initiatives:

- Opportunities for American girls to travel overseas and for girls from other countries to come to events in the U.S. under the STUDIO 2B Destinations program.
- Support for the four World Centers operated by WAGGGS, enabling them to host seminars and trainings for young women from around the world.
- Financial aid to Girl Guiding/Girl Scouting organizations through the Mutual Aid program provides assistance to WAGGGS organizations for training and/or emergency assistance.
- Helps support the development of Girl Guiding/Girl Scouting in areas where the Movement is not yet established.

Donations to the Juliette Low World Friendship Fund may be sent at any time of year, but popular times are

World Thinking Day (February 22), Juliette Low's birthday (October 31) and during Girl Scout Week (the week that includes March 12).

Troop donations should be sent to Girl Scouts of Citrus Council. These donations will be batched and sent to the Fund periodically.

Community Events and Flag Ceremonies

Often we get calls at the office for groups to lead Flag Ceremonies or for Older Girls to assist at community events. A call list is being formed that will be used when an organization contacts requesting assistance for an event. If your troop/group would be interested, please forward your name, email and troop information such as level and

number of girls. In some cases uniforms are requested - casual uniforms, formal uniforms, or “logo” t-shirts will work in most cases. Please let us know what your troop has when you share your information. You may email the Program Team with these details.

Working with the Elderly

Contact the Activity Director at a local nursing home. The director will be able to give you some suggestions for appropriate service projects. We suggest that you make a visit to the home yourself before you take the girls for their first visit. Or, adopt someone in the local community that could use a little help. Here are some ideas that Girl Scout Troops have done:

- Donate your time to rake leaves for an elderly person. Plant flowers for his/her home.
- Make craft items to decorate nursing home rooms for the holidays; for example, friendly little bats for Halloween, place mats for Valentine’s Day, table decorations for Thanksgiving etc.
- Volunteer to shovel snow off the sidewalks and driveways of older neighbors.
- Adopt a “grandparent” in your neighborhood.
- Draw pictures and write letters to him/her.
- Send secret pal cards to residents in the nursing home who do not receive mail.
- Adopt a nursing home for the year. Decorate for the various holidays. Visit any time of year to play cards or sing songs.
- Adopt a “grandparent” in the neighborhood and offer to give their home a spring-cleaning.

Help for Children and Families through Community Organizations

Many community organizations working with youth and families in need could use your help:

- Troops can participate in the Ronald McDonald House Charity Pop Tab program by collecting the aluminum pull-tab rings found on beverage cans. The aluminum pull tabs from these cans are taken to a recycling center by McDonald staff, where they are weighted and cashed in by the pound. The proceeds from the tabs go to benefit the Ronald McDonald House. You can collect these tabs in one-gallon milk jugs or quart sized baggies.
- Collect kids' clothing and toys for a preschool, the Salvation Army, Women’s Shelter or any other organization that serves the needy. Again, girls may have clothes and toys at home to donate, or they could use troop funds to get these donations by shopping at garage sales.
- Sponsor a family in need at Thanksgiving or at any other time of the year. Churches, the Salvation Army, and sometimes, school counselors can find a family that needs help. Put Thanksgiving basket(s) together for local families or individuals.
- Adopt a family and get family members' gender and sizes and let each girl pick out a family member for whom she can buy or donate clothing, school supplies, or little treats. It's fun to have the girls bring their gifts unwrapped to a troop meeting and then have a wrapping party using wrapping paper, ribbon and gift tags bought by the troop.
- Provide childcare for a family in need. Organize a playgroup for kids of various ages from several families. Plan activities, snacks, and maybe a field trip. Spend a meeting planning the playgroup in advance and assigning each troop member to a particular age group of "guests."
- Organize or help with a food drive for the Food Bank. Lead your school's food drive participation. Assign each girl to a classroom. Have her make posters for her classroom to advertise the food drive, make announcements about it, and keep track of how much food is brought in. The troop can make a big poster

indicating the amount each classroom has donated, and can offer a pizza or popcorn party to the classroom that donates the most.

- Work with a team building a Habitat for Humanity house. Or, for a Daisy or Brownie troop, bake cookies and make lemonade or hot cocoa to serve other volunteers who are building the house.
- Plant flowers or trees. You can do so at your school (check with the principal!), at a Habitat for Humanity house, at the homes of older people, at nursing homes, in front of local businesses or elsewhere. Check with local Parks and Recreation Departments to see if they need any planting done.
- Collect blankets and pillows for local shelters, churches, Women's Shelters etc.
- Make stuffed cloth teddy bears, or simple pillows. You can get pre-stamped pillow halves and sew them together with a simple running stitch, and then stuff them with fiberfill. Give them to the local Police Department or the County Sheriff's Department to give to children whose families run into problems and need to be brought to the police. Give them to Women's Shelters for the children who live there. Bring them to the Emergency Room for kids who are treated there. (Note: There can be no removable objects used on the animals or pillows, such as buttons for eyes. They may have additional restrictions for the safety of the young recipients.)
- Collect winter hats, mittens, and jackets to donate for families in need.
- Collect toys for the Toys for Tots program in December.
- Make tray favors, scrapbooks, crafts for a special occasion to donate to a local children's hospital.

Schools

There are many ways girls can help at school. Contact your PTA or school office for specific suggestions:

- Girls can perform flag ceremonies to open and close PTA meetings.
- Clean tables at fund-raising suppers.
- Gather school supplies and make back to school kits for families in need.
- Start a recycling program in a classroom, a church, a business, or another public building. Take the recycling to the Recycling Center or make arrangements for the group to do so itself.
- Hold a service contest at a school. Challenge each classroom or Girl Scout troop to plan and conduct a service project in a given period of time. Then plan a party or assembly at which each classroom or troop describes its project and the benefits that came from it, and show photographs. Make it an annual event.
- Collect books for a pre-school, such as Head Start. Girls may have books at home that they no longer use. Or take some troop profit and let the girls go to garage sales where they can buy used books for kids and their families.
- Thank a teacher! Make a gift for each teacher at school. Make flowers out of colored tissue paper and straws or pipe cleaners, and put several flowers in a recycled bottle decorated with tissue paper, fabric, or aluminum foil. Buy a bunch of erasers and glue index cards with messages onto them ("thanks for all you do for us!"). Be sure also to thank school janitors and other helpers.

General ways to "Make the World a Better Place"

- Sponsor a "water station" for the American Cancer Society or other organizations that host walking and running marathons.
- Clean up an area! Call Parks and Recreation Departments to see if any city-owned parkland needs cleaning up. Or clean up the playground at your school, or the area around a local business. Be sure to follow reasonable precautions: gloves for everyone, orange vests for girls who may be standing near the road. (Editor's Note: Check *Safety-Wise*.)
- Volunteer to paint or remodel a building: for example, the toy shed of a nursery school.

- Choose a group of helpers; firefighters, nurses, teachers, EMTs, or some other group. Have troop members write letters thanking them for their work. Put these letters together with drawings, collages of magazine pictures of helpful people, and other decorations and make a book. Bring it to the group to thank them personally.
- Veterans: If your area has a veteran's home or hospital, contact the Activity Director to see what kind of donations would be suitable: Write letters to people being treated in Veterans' Hospitals. Send them drawings and stories. (Note: Never give out full names and addresses of individual girls!)
- Sending letters to those serving in the military.
- Collect Aluminum Cans for Habitat for Humanity.
- Sponsor a food drives for local food banks/soup kitchens.
- Decorate lunch bags or boxes for the lunches prepared for the homeless.
- Collect personal supplies for women and children living in Women's Shelters.
- Collect books and toys to donate to local Women's Shelters.

Humane Shelter Projects

Check with Animal Care and Control or your local Animal Shelter for special needs and to see if any of these suggestions would be helpful to them:

- Volunteer your time at the Animal Shelter. Collect clean, used, washable towels, blankets and throw rugs.
- Collect chew toys, catnip, cat toys, furniture and gently used cages and crates.
- Canned pet food, animal treats, clay cat litter, pine wood shavings and gently used collars and leashes are also appreciated.
- If you are crafty, you could make bandanas for all sizes of dogs, 3 inch by 3 inch polar fleece squares filled with polyfiber and cat nip for cats, and collar scrunchies for all sizes of dogs and cats.

Project Linus

Project Linus is an all volunteer, non-profit organization that collects new, handmade, washable blankets to be given to seriously ill and traumatized children. Troops can help by making and donating blankets to Project Linus. Blankets must be NEW, HANDMADE and WASHABLE. Project Linus welcome all styles of blankets . . . crocheted, knitted, quilted, fleece . . . you don't have to be an expert!

Second Harvest Food Bank

Second Harvest is a hunger relief organization in Central Florida. Take action now! You can organize a food drive, volunteer at the food bank or more!

Destinations

What is a Destination? - Travel and Adventure for girls 12-18

Any experience that provides a girl with an opportunity to expand her personal experience beyond her everyday scope. Destinations can be any length of time and may be far away or nearby.

Who can go on a Destination?

Girls ages 12-18 at the time of travel..

How do I find out about available Destinations?

Check out the website www.citrus-gs.org or www.studio2b.org under the Escape Section.

How much money will I need?

The cost of each trip varies. Some are as little as \$300 and others are as much as \$2,400. The cost listed in the description on the websites does **NOT** include airfare. Girls pay for Destinations in a variety of ways: money earning, personal income from a job, parents, troop contributions and contributions from the service unit. Some financial assistance may be available from the council.

When are Destinations held?

Destinations are held throughout the year.

Girl Scout Traditions: Pass it On!

Throughout the long history of Girl Scouts, certain traditions remain meaningful and important, and are still practiced today. This section describes the most revered Girl Scout traditions.

Time-Honored Ceremonies

Ceremonies play an important part in Girl Scouts, and are used not only to celebrate accomplishments, experience time-honored traditions, and reinforce the values of the Promise and Law, but also to encourage girls to take a short pause in their busy lives and connect with their fellow Girl Scouts in fun and meaningful ways. Many examples of ceremonies—for awards, meeting openings and closings, and so on—are sewn right into the journey, including ideas for new ceremonies girls can create!

Girls use ceremonies for all sorts of reasons: to open or close meetings, give out awards, welcome new members, renew memberships, and honor special Girl Scout accomplishments. A brief list, in alphabetical order, follows, so that you can become familiar with the most common Girl Scout ceremonies:

- **Bridging ceremonies** mark a girl's move from one grade-level of Girl Scouting to another, such as from Junior to Cadette. (Note that Fly-Up is a special bridging ceremony for Girl Scout Brownies who are bridging to Juniors.)
- **Closing ceremonies** finalize the meeting, with expectations for the next. A closing ceremony may be as simple as a hand squeeze while standing in a circle.
- **Court of Awards** is a time to recognize girls who have accomplished something spectacular during the Girl Scout year.
- **Flag ceremonies** can be part of any activity that honors the American flag.
- **Girl Scout Bronze (or Silver or Gold) Award** ceremony honors Girl Scout Juniors who have earned the Girl Scout Bronze Award (Cadettes who have earned the Silver Award; Seniors or Ambassadors who have earned the Gold Award), and is usually held for a group or combined with the council recognition.
- **Girl Scouts' Own** is a girl-led program that allows girls to explore their feelings and beliefs around a topic

(such as the importance of friendship or the personal meaning they get from Girl Scout Promise and Law) using the spoken word, favorite songs, poetry, or other methods of expression. It is never a religious ceremony.

- **Investiture** welcomes new members, girls or adults, into the Girl Scout family for the first time. Girls receive their Girl Scout, Brownie Girl Scout, or Daisy Girl Scout pin at this time.
- **Opening ceremonies** start troop meetings and can also begin other group meetings.
- **Pinning ceremonies** help celebrate when girls receive grade-level Girl Scout pins.
- **Rededication ceremonies** are opportunities for girls and adults to renew their commitment to the Girl Scout Promise and Law.

For more about ceremonies, visit http://www.girlscouts.org/program/gs_central/ceremonies.

Signs, Songs, Handshake, and More!

Over the course of 97 years, any organization is going to develop a few common signals that everyone understands. Such is the case with Girl Scouts, an organization that has developed a few unique ways to greet, acknowledge, and communicate. Examples are listed in the following sections.

Girl Scout Sign

The idea of the sign came from the days of chivalry, when armed knights greeted friendly knights by raising the right hand, palm open, as a sign of friendship. To give the sign yourself, raise the three middle fingers of the right hand palm forward and shoulder high (the three extended fingers represent the three parts of the Girl Scout Promise). Girls give the sign when they:

- Say the Promise or Law.
- Are welcomed in Girl Scouts at an investiture ceremony that welcomes new members.
- Receive an award, patch, pin, or other recognition.
- Greet other Girl Scouts and Girl Guides.

Girl Scout Handshake

The handshake is a more formal way of greeting other Girl Scouts, and is also an appropriate way to receive an award. To do the handshake, shake left hands and give the Girl Scout Sign with your right hand.

Quiet Sign

The quiet sign can be extremely useful to you as a volunteer—teach this to girls during your first meeting! The sign is made by raising your right hand high. As girls in the group see the sign, they stop talking and also raise their hands. Once everyone is silent, the meeting can begin.

Girl Scout Slogan and Motto

The Girl Scout slogan is, “Do a good turn daily.” The Girl Scout motto is, “Be prepared.”

Songs

Whether singing around a campfire or lifting a chorus of voices on the Mall in Washington, D.C., Girl Scouts have always enjoyed the fun and fellowship that music creates. In fact, the first *Girl Scout Song Book*, a collection of songs put together by girl members, was published in 1925. Since then, the organization's love of music has grown along with the girls it has empowered.

Songs can be used to open or close meetings, enhance ceremonies, lighten a load while hiking, or just share a special moment with other Girl Scouts. For tips on choosing and leading songs, go to

http://www.girlscouts.org/program/gsc_central/activity_ideas/songleading.asp. A variety of songbooks are also available for purchase. Check out your council's shop or visit

<http://goshop.girlscouts.org/GSUSAOnline/GSBasicLandingPage.aspx?subCatId=Books-Other>.